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Pike County Chamber of Commerce, P.O. Box 107
Waverly, OH 45690 www.pikechamber.org

July 2010

Luncheon July 14 ~ Business after Hours July 20

Luncheon

The Chamber luncheon will be held on Wednesday, July 14 at 12:00 noon at Buffalo Bill's Wild West Arcade & Restaurant, (banquet room) 513 E. Emmitt Ave., Waverly. You may call in your order 740-835-8076, items to choose from are: Baskets (includes fries and drink) BBQ Beef, Texas Tenderloin, Grilled Chicken Sandwich, Buffalo Burger and Fish Sandwich. They also have Grilled Chicken Salad and 7" Pizza on the menu.

This month our speaker is Sandy Childers, Public Affairs Manager, LATA Paralex Portsmouth, She will be speaking about the accelerated cleanup projects under the American Recovery and Reinvestment Act at the Piketon plant.

The Chamber currently has two offices for rent. The offices include utilities, side entrance and use of conference room. For more details give us a call- 947-7715.

New Chamber Members

Buffalo Bill's Wild West Arcade & Restaurant

Kevin Ross

513 E. Emmitt Ave.

Waverly, OH 45690

740-835-8076

E-mail bwwarcade@yahoo.com

Business after Hours

Buffalo Bill's Wild West Arcade & Restaurant will be hosting Business after Hours in their banquet room on Tuesday, July 20, from 5 – 7 p.m. Buffalo Bill's recently joined the Chamber and they are anxious to showcase their business, so make plans to join other members and friends at this event.

We would, also, like to thank Fluor B& W Portsmouth for hosting a very well attended Business after Hours in June at the Pike Co. CTC.

All of the dates for Business after Hours in 2010 are taken. If you would like to host in 2011, now would be a good time to reserve your date.

The Chamber will be having a booth at the Pike Co. Fair, Aug 1 – 7. If you have brochures you would like for us to distribute, drop them off at the Chamber.

Buffalo Bill's is a locally owned family business. It's a great place to bring your family, have fun, food and relax while the kids run wild!! Their Banquet room comfortably seats 60 and may be reserved for Business Luncheons, Sports Banquets, Birthday Parties or any other special occasion! They also specialize in Fundraising events!

Member News

B & C Flooring's new address is 14572 US Hwy 23, Ste H, Waverly, Ohio. 740-947-2295

Chillicothe Paints is pleased to announce Prospect Collegiate Baseball LLC launch of a mobile stats site designed to deliver every pitch

in real-time to your mobile device, such as your iPhone, BlackBerry or Android.

Find your favorite team by surfing to <http://www.pointsteak.com> on a mobile phone, or by typing in the dedicated URL m.pointstreak.com into a mobile phone's web browser. Once there, you can search for the Prospect Collegiate Baseball LLC (PBL) or for your favorite team. It is recommended that once you find your favorite, bookmark that page on your mobile phone to more easily find it next time.

Up Coming Events

July 3 - Dailyville 4th of July Celebration

Fun begins with ballgames at 9:00 a.m. Food served at noon. Entertainment begins at 7:00 p.m. and fireworks at dusk.

July 4 – Piketon July 4th Wing Ding

Held at the New Piketon High School. Food is served at 3:00 p.m. and music entertainment until dusk. Bring your lawn chairs and relax and watch the fireworks.

July 10 Waverly Street Festival

Come and enjoy the beer garden, food and live entertainment. 1:00 a.m. 3-on-3 basket ball, 12:30 Poker Run sign up & departure 3:30 p.m. Corn hole and Poker Run Return 4:00 p.m. live entertainment starts and goes to 11:00 p.m. Call Scott Dailey-740-708-1325 for more information

July 17 Railroad Days Rendezvous

Pike Lake State Park, Bainbridge, Ohio – this event recognizes the social and economic impact of railroads in Ohio. Displays of model RR's, collectibles and memorabilia, exhibits and model train displays open 10:00 a.m. – 3:00 p.m. Games and musical entertainment, food from friends of Pike Lake. Contact Matt Minter 740-947-5409 for more information

New Incentives for Worksite Wellness Programs

The following information was provided by Shawan-Marquis Agency representing the Anthem Blue Cross and Blue Shield Chamber Plan.

Fitness pays off in more ways than one, for the exercise buff as well as his or her employer. Healthier employees equate to lower insurance premiums, but starting in 2011 small businesses may be eligible for grants to help fund workplace wellness initiatives launched after March 23, 2010. Studies show that employers can expect worksite wellness programs to reduce absenteeism, health care costs, and workers' compensation and disability claims by more than 25% each.

Start raking in that extra cash immediately by encouraging your employees to take brief fitness breaks throughout the day. The best results come from high-intensity exercises like jumping jacks that – let's be honest – will make most people feel ridiculous. Depending on your company's culture, a minute-long company-wide jumping jack session at 2:30 might build rapport and burn calories at the same time. If that isn't for you, though, a brisk walk around the building gets the heart pumping and the creative juices flowing.

Get your company moving! Check out the American Heart Association's "Start!" worksite wellness walking program at startwalkingnow.org Encourage your employees to take advantage of the tracking tools, grocery list builder, social media plug-ins, and individually tailored walking plans. And don't miss the Time Well Spent "Increasing Physical Activity" tool kit from Anthem Blue Cross and Blue Shield's 360 Health program. Print-on-demand posters and payroll stuffers are available at anthem.com/timewellspent.